



The Family Programs Flyer

Come Fly with Us!



OCTOBER 2010

OPERATION READY FAMILIES
MONTHLY NEWSLETTER

VOLUME 1, ISSUE 1

Wishing All a Spooky, Scary, Safe, & Merry Halloween!

Yellow Ribbon Events

Saturday October 2nd

1106th AVCRAD
Fresno

Sunday October 3rd

40th ADT
Sacramento
217th FI
San Luis Obispo

Saturday October 9th

Family Day
Garden Grove

Saturday October 23rd

Family Day
Sacramento
223rd FI
Garden Grove

Friday October 29th

1106th TASMG
Fresno

Saturday October 30th

49th MP BDE
Sacramento

We Care Meetings

Thursday October 7

San Diego @ 7 pm
760-828-7116

Saturday October 9

Escondido @ Noon
619-405-7190
San Mateo @ 2 pm
408-595-9847

Thursday 14

Walnut Creek @ 6:30 pm
707-580-3319

Wednesday 20

Bell @ 6 pm
213-503-4472

Wednesday 27

Los Alamitos @ 6 pm
562-254-6916
Paso Robles @ 6 pm
805-896-4029
San Bernardino @ 5pm
909-801-9411
Ventura @ 7 pm
805-431-3866

Saturday 30

Azusa @ Noon
818-383-8643

Friday October 8

Bakersfield @ 6 pm
661-978-7782

Tuesday October 12

Chico @ 6:30 pm
530-513-0478
Sacramento @ 6:30 pm
916-416-8320
Santa Rosa @ 6:30 pm
707-974-8004

Tuesday 19

Visalia @ 7 pm
559-217-9976

Tuesday 26

Fresno @ 6:30 pm
559-994-6102
HALLOWEEN PARTY!

Thursday 28

Modesto @ 6:30
209-402-4114

Please Call to Confirm Date, Time, & Location of Meeting prior to Attending.

Spotlight on Family Assistance Network Specialist

Samona McKinley

A FAN since early 2010, Samona has become an invaluable part of the organization due to her superior execution with human services, for her "hands-on approach," when helping military families. Samona is a go-getter with a tenacious aptitude for identifying current resources for families and helping to create new ones.

Samona has received numerous awards for her commitment when volunteering as a FRG Leader and now as a FAN Specialist. Samona has a leading edge on helping motivate our community partners to support our service members.

Samona recently partnered with VONS stores in Southern California, where a food drive was initiated and implemented by it's management team and fulfilled through the generous donations of their customers. This One Day event raised over \$10,000 worth of food and other home necessities. VONS also has committed to hold another drive when the food pantry becomes low.

I believe that the very purpose of life is to be happy. From the very core of our being, we desire contentment. In my own limited experience I have found that the more we care for the happiness of others, the greater is our own sense of well-being.

~ Dalai Lama



Samona is also a military spouse, married 14 years to Army Guard Reservist SFC "RG" McKinley Jr. They have four children, Maryam (Gab) 19, Telor 16, Argie III 12 and Chenoa 9.

She makes time for her family with weekend getaways and daily activities. Her motto is "If I'm not having fun, I'm not doing it."

Edited By: Sylwia A Flaga

For more information about anything in this Newsletter please call 1-800-449-9662

www.jointservice support.org & www.calguard.ca.gov/readyfamilies





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The LinkUs Celebrity Shootout
Golf Tournament hosted in Fresno; and the
California National Guard is there!

LinkUs has teamed up with
Table Mountain Casino in an
effort to bring Big Time char-
ity golf back to the Fresno
Community this Oct 2nd and
3rd.

Lee Trevino will headline an
incredible list of players from
the PGA and LPGA tour
alongside professional athletes
and actors that all believe in
the same cause.

The six charities that will
benefit will include: The Chil-
dren's Hospital of California,
Community Medical Centers,
Saint Agnes Medical Center,

Big Brother Big Sister of Cen-
tral California, The Len Ross
Field of Dreams and the Army
National Guard Fresno.
So get your clubs and Join us
for a day and a half of incredi-
ble golf at The Riverbend
Golf Club, Music, Food and
Festivities all to benefit the
greater Fresno Community.



What is MCEC
Anyways?



MCEC stands for Military Child Education Coalition

A group that travels around the world, working with Military Children, Parents, and Educators affected by mobility family separation, and transition. They re- search, publish, and develop resources as well as hold conferences to educate schools and communities about what it means to be a Military Child. Confer- ences include:

- GRI - Guard and Reserve Institute. Focuses on the specific issues that arise with being a Guard and Reserve school-aged dependent.
- LINN - Living In the New Normal. Focuses on parents coming home, who may not be the same as when they left- TBI, PTSD, etc.
- TCL - Transition Counselor Institute. Primarily held for elementary, middle and high school guidance professionals to learn how to effectively nurture the Military Child.

**Please Note that October's Training has been canceled but
Mark Your Calendar for November's Training!**

MCEC Training

Available in November

9 Nov - 10 Nov @ Fresno	Guard and Reserve Institute (GRI)
15 Nov - 16 Nov @ Modesto	Living In the New Normal (LINN)

Visit: www.militarychild.org or call 1-800-449-9662 for more info!



ISFAC October Meetings

October 6 - San Diego, CA
October 22 - Sacramento, CA
October 28 - Fresno, CA

1-800-449-9662 for more info...

And Now, For the Kids...

**ELMO is Coming to the Beale/
JFSAP Community Resource Fair!!**

When: Tuesday, October 26
10:00 AM - Noon

Place: Oak Park Community Center,
Multipurpose Center
3425 Martin Luther King Jr. Blvd.
Sacramento, CA

Call 1-800-449-9662 for more info



**Kids, bring Your Parents
for Fun, Information,
Resources, and ELMO!!**

Also, For the Parents...

JC Penney is extending an Exclusive Offer for Fami-
lies of Deployed Military Members!

September 1 - October 31

Send Some Love to a Loved One

Come in to JCP Studio for NO CHARGE:

- Sitting Fees
- Traditional Portrait Sheet (One, Additional Sheets at \$3.99)
- AND one portrait sheet shipped to your service member's APO (Must show valid Military ID at time of sitting)

Visit www.jcpportraits.com/offers/portraitsoflove.html



And Finally,

A Farewell to our Friend and Co-Worker

Barbara Draughon

Barbara Draughon is leaving after 8 ½ years of loving and serving the 144th Fighter Wing Fresno ANG and California National Guard family. She's decided to enjoy a slower pace of life. She will be missed dearly and we wish her well.

"God bless each one of you as you continue to clarify your vision, pursue your goals, love and care for our Total Guard family, take care of yourselves, and never forget or fail to serve your own loved ones at home." -Barbara Draughon

You're invited to celebrate Barb Draughon's memorable career and farewell as the 144th Airman and Family Readiness Program Manager on Friday,
October 29th from 6:30 p.m. to 8:30 p.m. at the 144th Fighter Wing Dining Facility, 5323 E. McKinley Ave, Fresno Air National Guard Base.

Buffet style tri-tip dinner for only \$12 per person. Make checks payable to Wing ORF.

Contact MSgt Nelda Lopez, (559) 454-5281, nelda.lopez@cafres.ang.af.mil

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